

Beachcombing the Psalms

Daily Reading Schedule

Introduction Day: Psalm 40

January 7

Day A: Psalm 65, 27, psalms of praise and confidence

Day B: Psalm 20-22, messianic psalms

Day C: Psalm 37, a wisdom psalm

Day D: Psalm 12, 55, lament psalms

Day E: Psalm 38, a penitential psalm and Psalm 35, an imprecatory psalm

Worship Day 1 God of My Salvation

January 14

Day 1 1-5

2 6-10

3 11-16

4 17-18

5 19-21

Worship Day 2 Refuge

January 21

6 22-24

7 25-29

8 30-32

9 33-35

10 36-38

Worship Day 3 Shepherd

January 28

11 39-41

12 42-45

13 46-49

14 50-52

15 53-56

Worship Day 4 Mighty One

February 4

16 57-61

17 62-66

18 67-68

19 69-71

20 72-74

Worship Day 5 Rock

February 11

21 75-78

22 79-85

23 86-91

24 92-98

25 99-104

Worship Day 6 Dwelling Place

February 18

26 105-107

27 108-111

28 112-118

29 119:1-88

30 119:89-176

Worship Day 7 Word

February 25

31 120-127

32 128-134

33 135-139

34 140-144

35 145-150

Worship Day 8 God of Jacob, Lord my God

March 3

Beachcombing the Psalms, by Ruth J. Leamy with Mark J. Leamy, is available at [amazon.com](https://www.amazon.com). The book will guide you through the psalms, using the schedule above. The book includes discussion questions, poetry, prayer exercises, and New Testament connections.

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